

August

Momentous Movements Challenge 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scan Me 					1 	2 
3 	4 	5 	6 	7 	8 	9 
10 	11 	12 	13 	14 	15 	16 
17 	18 	19 	20 	21 	22 	23 
24  31 	25 	26 	27 	28 	29 	30 

15 Minutes a Day for all 31 Days =\$30 Studio Strong Credits for September